

Patient Information: PATIENT II, PRETEND

DOB:	11/04/1977	Gender:	F	Lab ID:	68220
Clinic ID:	10804	HCP:	Sample Physician		

Your Patient's Personalized Supplement:

Recommendations	CNA Result	Dosage
Biotin	Insufficient	500 mcg
Boswellia Serrata	Highly Protective	250 mg
Carnitine as L-Carnitine Tartrate	Insufficient	500 mg
Copper (Citrate)	Insufficient	2 mg
Cysteine as N-Acetyl-L-Cysteine	Insufficient	500 mg
Glutathione as L-Glutathione (Reduced)	Insufficient	250 mg
Glycine as L-Glycine	Insufficient	1000 mg
Histidine as L-Histidine	Borderline	150 mg
Inositol	Insufficient	250 mg
Lipoic Acid as Alpha-Lipoic Acid	Protective	100 mg
Lysine as L-Lysine	Insufficient	500 mg
Methionine as L-Methionine	Borderline	255 mg
Pycnogenol as Pine Bark	Highly Protective	100 mg
Vitamin B12 (Methylcobalamin)	Borderline	500 mcg
Vitamin B9 as Folate (5-Methyltetrahydrofolate)	Borderline	400 mcg

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Recommended Exclusions

Reactive or Untested on the Alcat Test

Garlic, Ginkgo Biloba Extract, Goji Berry, Maitake Mycelium, Moringa

Methyl Detox Concern

Elderberry



Please Read Important Considerations

- ▶ You know your patient's/client's individual needs best. You are encouraged to carefully check the nutrients and doses included in this formula and further customize it if needed, based on medical conditions, genetics, exposure to toxins, increased need for detoxification, and increased metabolic demands. You may also decide to provide this formula in a powder form rather than capsules.
- ▶ This formula includes only the nutrients that are **insufficient** or **borderline** insufficient in the Cellular Micronutrient Assay, as well as select nutrients/botanicals that are **protective/highly protective**, identified in the Antioxidant Protection Assay.
- ▶ If a large number of antioxidant botanicals were identified as protective/highly protective for your patient, not all were included in the formula. You may choose to modify the formula and include the botanicals you would prefer. It is always best to consider food first for antioxidation- examples- acai berry, goji berry, green tea, and a variety of cruciferous vegetables for sulforaphane if applicable.
- ▶ The following nutrients/botanicals are not available through VitaminLab: Catalase, Chlorophyll, Elderberry, Goji Berry, Lavender, Maitake, Mangosteen, NADH, Noni Berry, Pyrroloquinoline, Shiitake, SOD, Sulforaphane, Wild Cherry Bark
- ▶ If your patient was tested for food sensitivities using the Alcat Test (when tested for the Cellular Nutrition Assay) those results were also considered. For example, if APA "protective" botanicals were untested or reactive in the Alcat Test, those ingredients were excluded from the formula.
- ▶ When utilizing or modifying this formula, please keep allergies, sensitivities, intolerances, as well as potential drug nutrient/botanical interactions in mind and only suggest nutrients/botanicals that do not cause adverse reactions for your patient.
- ▶ Also consider your patient's previous supplementation routine. If you decide to suggest discontinuing any nutrients taken previously, you may decide to add them to this formula.
- ▶ Cell Science Systems assumes no responsibility for your use or your patients' use of these formulas.